



PLANT-BASED

Dinner

Tortuga Lodge



Prices include 13% VAT and 10% service tax.



DRINKS

Menu

Non alcoholic

FRESH FRUIT SMOOTHIES _____	₱ 5.500
SPARKLING WATER 505ML _____	₱ 5.500
STILL WATER 750ML _____	₱ 3.300
SODAS _____	₱ 2.750
MOCKTAILS _____	₱ 4.400
MILKSHAKES* _____	₱ 5.500

**Plant-based option.*

Beer

NATIONAL BEER _____	₱ 3.000
CRAFT BEER _____	₱ 3.850

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APPETIZERS

BASIL SALAD  _____ ₡ 8.000

Fresh basil leaves with sourdough focaccia croutons, cherry tomatoes, and basil oil.

ORIENTAL SALAD  _____ ₡ 8.000

Fresh arugula leaves with chickpeas in curry, broccoli, zucchini, bell pepper, sun-dried tomatoes, and sesame-soy dressing.

AVOCADO ROLLS  _____ ₡ 9.000

Wrapped in rice paper, with sun-dried tomatoes, and ripe plantain. Served with soy sauce, sesame seeds and peanut butter dressing.

TOMATO AND COCONUT SOUP  _____ ₡ 8.000

Made with natural coconut milk, Panamanian pepper, and thyme. Served with green plantain tartare and vegan Caribbean aioli.

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MAIN COURSES

RAGOUT PASTA   _____ ₺ 8.000

Penne with mushroom ragout, roasted tomatoes, and toasted cashews.

VEGAN CARIBBEAN POKE  _____ ₺ 12.000

Sushi rice, mini green beans, sesame seeds, mango, green banana with Panamanian pepper, avocado, chickpea vegan cheese, and Togarashi dressing.

STIR FRY BOWL   _____ ₺ 12.000

Brown rice served a variety of vegetables, sesame seeds, teriyaki tofu, and scallions.

CAULIFLOWER  _____ ₺ 12.000

Grilled steak served with romesco sauce, cashews, and citrus bean salad.

CURRY  _____ ₺ 12.000

Made with chickpeas and yellow curry and served with jasmine rice and a variety of vegetables.

PLANT-BASED Dessert

DESSERTS

AVOCADO AND CHOCOLATE MOUSSE _____ ₡ 5.000

Served with tropical fruit.

ICE CREAM

COCADA _____ ₡ 5.000

Simmered natural coconut with whole sugar cane and ginger. An ice cream version of the traditional Costa Rican Caribbean *cocada*.

SOURSOP _____ ₡ 5.000

Made with fresh local soursop.

VANILLA _____ ₡ 5.000

Made with natural vanilla from the Osa Peninsula.

SEASONAL FLAVORED SORBETS _____ ₡ 3.000

Ask about the available options.

The ice cream and sorbet crumble ingredients may contain gluten and nuts!



GLUTEN



NUTS



SPICY



BÖENA
— Lodges —

ALLURING. AUTHENTIC. EXCLUSIVE